



INDIAN MEDICAL ASSOCIATION, TELLICHERRY

Monthly Report of Activities for the month of December 2024

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	2+Transfer in 3=5,Expired 01,Transfer out 02	632
JDN(Less than 40)		128
SSS I		323
SSS II		283
SSS III		239
PPS	6	352
CGP		37
AMS	-	133
PEPS		10
KHS		376
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

2.BRANCH MEETING

I) EXECUTIVE COMMITTEE MEETINGS

11.12.2024: Executive Meeting

Executive Committee Meeting on 11.12.2024. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 68 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith Valappil (Secretary IMA Thalassery).

**INDIAN MEDICAL ASSOCIATION
THALASSERY**

THIRD EXECUTIVE COMMITTEE MEETING

Dear Doctor,
Notice is hereby issued for Third Executive Committee Meeting of the IMA year 2024-25, to be convened at Lions Hall, Opp.PWD Rest House, Thalassery, on Wednesday, 11th December 2024 between 8.00 pm and 9.15pm.
Kindly attend on time, without fail.

AGENDA

1. Opening remarks from the chair.
2. Review of activities till date.
3. Planning of activities until next Executive Meeting
4. X Mas & New Year Celebration
5. Other matters with the permission of the chair.

SPONSORS
Dr. DHANISHA C P
Dr. HANISH HANEefa
Dr. JANARDHANAN C P
Dr. RAGHAVAN E
Dr. SANDEEP T K
Dr. SHEELA K P
Dr. SREEJITH K P
Dr. SUJATHA S K
Dr. SURENDRA BABU V P
DR.VANAJA RAGHAVAN

Sd/-
Dr.Nadeem Abootty (President)
Dr.Sreejith Valappil (Secretary)
Dr.Deepa Divakaran (Treasurer)

Dinner will be served from 7.30pm onwards

II) GENERAL BODY MEETING

18.12.2024: General Body Meeting

The General Body Meeting was held at Lions Hall, Thalassery. Dr. Nadeem Abootty (President) welcomed the attendees. Dr. Sreejith V (Secretary) proposed a vote of thanks. A total of 65 members attended the meeting.



30.12.2024: Condolence Meeting

The condolence meeting for Dr. U.A. Muhammed was presided over by Dr. Nadeem Abootty, President of IMA Thalassery. Senior members including Dr. Babu Raveendran, Dr. Sasidharan (State Secretary), Dr. Gopeenathan, IPP Dr. Aravind C Nambiar, Dr. Ramakrishnan, Dr. Biji M S, Dr. Sughosh, and Dr. Deepa Vivek addressed the gathering, sharing heartfelt memories and highlighting Dr. U.A. Muhammed's significant contributions to the medical field. A total of 17 members attended the meeting, and a resolution was passed to convey condolences to the bereaved family.



3. BRANCH CHAPTERS

AMS

18.12.2024: CME

IMA Thalassery in association with IMA AMS Thalassery conducted a CME program on "ECG UNTANGLED". The session was led by Dr. Ranjit K (Consultant Cardiologist, Indira Gandhi Co-operative Hospital, Thalassery) and followed by an interactive discussion. Dr. Nadeem Abootty presided over the meeting, which was attended by 65 members. Dr. Sreejith V proposed the vote of thanks.



WIMA

18.12.2024: General Body Meeting

WIMA meet was held on 18/12/24 at Lions hall,Thalassery. Meeting was attended by 16 WIMA members presided by ex-officio Thalassery IMA President, Dr.Nadeem Abooty.WIMA Chairperson informed about the various activities list received from State WIMA to be conducted by the branch. Various committees were formed to implement the activities by the branch. The meeting came to an end with the discussions on the upcoming Christmas- New Year celebration.



4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

a) Awareness Class

05.12.2024 : Awareness class and Pledge(UPHC Kolassery)

An awareness class on Tobacco and Substance abuse was taken by Dr.Vidhya Rao for students of Kavumbhagam Higher Secondary School.32 students participated in the program which was concluded by taking a pledge against use of tobacco products.

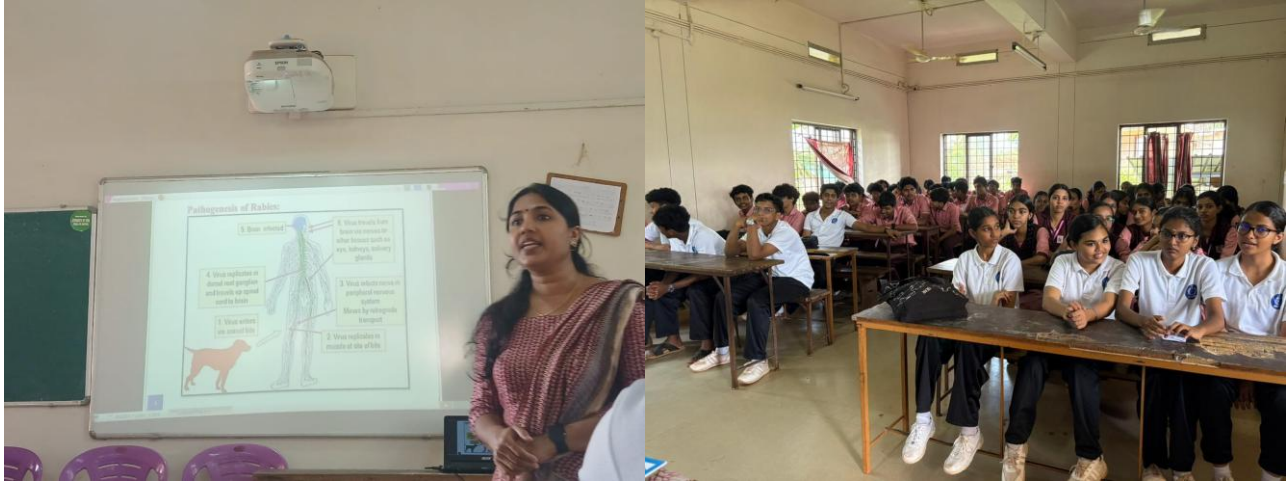


05.12.2024 : A Workshop on ‘Basic Neonatal Resuscitation’ was conducted for Nursing Students at Institute of Nursing Sciences and Research (INSeR), Malabar Cancer Centre (PGIOSR), Thalassery on 05-12-2024 in association with IAP Thalassery. WIMA members Dr.Priya Rajendran and Dr.Maya Jithin were also faculties for the program. The Workshop was attended by 85 Nursing Students. The students were given hands-on training in all the steps of Basic Neonatal Resuscitation.



06.12.2024: National Rabies control program

Awareness class to adolescents at AKGM GHSS Pinarayi student. Class was taken by Dr.Maya Jithin (Treasurer WIMA Thalassery).Around 70 students attended the class.



09.12.2024: Awareness Class on Rabies

Awareness Class on Rabies for Hospital staff and Asha workers at PHC Mangattidam. Class was taken by Dr.Sreeja Viswan (Secretary WIMA Thalassery). 35 members attended.



12.12.2024: Awareness Class on Waterborne Diseases

Awareness Class on Waterborne Diseases for Uthsava committee team at PHC Mangattidam. Class was taken by Dr.Sreeja Viswan(Secretary WIMA Thalassery). 30 members attended.



18.12.2024: Anti microbial Resistance awareness class

Anti microbial Resistance awareness class was held at Mangattidam Gramapanchayath Hall for 20 Dairy Farmer. Class was taken by Dr.Sreeja Viswan (Secretary WIMA Thalassery).



b) Medical Camp

06.12.2024: HB Test Camp

Haemoglobin Test camp at AKGHSS Pinarayi. Inaugurated by WIMA Member Dr.Shina V P. Dr.Maya Jithin ((Treasurer WIMA Thalassery) also participated in the program which was attended by 70 students.



12.12.2024: Installation of new office bearers of IAP Thalassery was conducted at Hotel Pearl View Thalassery. Dr.Nadeem Abootty(President IMA Thalassery) felicitated the function.



5) PARTICIPATION IN STATE MEETINGS

Branch Presidents/Secretaries Meet

14.12.2024: Branch Presidents/Secretaries Meet

Dr.Nadeem Abootty(President IMA Thalassery) & Sreejith Valappil(Secretary IMA Thalassery) attended the Branch Presidents/Secretaries meet at Periyar House,Aluva.



6) STATE PROGRAMMES

i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

01.12.2024: World AIDS Day

- An **AIDS Day Awareness class** was conducted at PHC Kodyeri. Topic : Prevention of HIV and AIDS . **Dr.Dhanya Chandran** took the class. Around 25 MCC Nursing Students and Asha Workers attended the class.



- An **AIDS Day Awareness class** was conducted at UPHC Kolasseri. Topic : Prevention of HIV and AIDS . **Dr.Vidhya** took the class. Around 35 hospital staff attended the class.



21.12.2024 : World Meditation Day

In connection with World Meditation Day, a program was conducted for all members of IMA Thalassery on 22/12/24 at Overburry's Folly, Thalassery from 6.30 to 7.30 am. The program was aimed to relieve the stress and tension in the work life of doctors. About 19 WIMA members participated in the program.



7) SUB COMMITTEE ACTIVITIES

i)Public ELS Programme

01.12.2024: IMA Thalassery conducted ELS Training class for Kerala Shastra Saahitya Parishath Thalassery Area at Kudakkalam UP School, Thalassery. Class was taken by Dr.Nadeem Abootty (President IMA Thalassery). Attended by about 100 members.



8) SPECIAL PROJECTS BY BRANCH

1) FITNESS AWARENESS PROGRAM

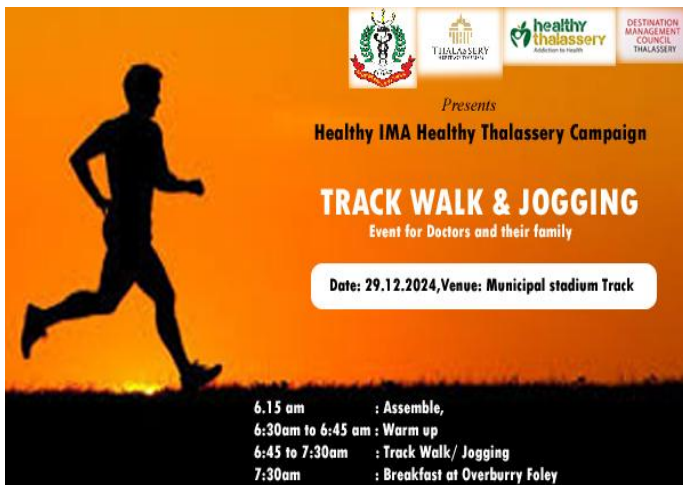
2) **01.12.2024:** WIMA Thalassery joined hands with IMA Thalassery in organizing a fitness awareness program “**Chat & Walk with Doctors for Healthy Thalassery**” as part of the “**Healthy IMA, Healthy Thalassery Campaign**”, at Municipal Stadium, Thalassery on 01.12.2024. The program included an exercise session led by a fitness expert, followed by walking, running, and a healthy breakfast. During their walk, doctors also attended to health related queries from the general public. Around 76 participants, including WIMA members and family members, actively took part in the event.



24.12.2024: That was conducted by flash back Veteran Sportsman Association Thalassery at Municipal Stadium on 24th December. Participated by 8 professional teams in which IMA Thalassery was also represented became the 2nd team in the group. IMA team was led by Dr.Vinayak and doctors from IMA Thalassery participated in the event.



29.12.2024: WIMA Thalassery joined hands with IMA Thalassery in organizing a fitness awareness program “Track walk & Jogging with Doctors for Healthy Thalassery” as part of the “Healthy IMA, Healthy Thalassery Campaign”, at Municipal Stadium, Thalassery on 29.12.2024. The program included an warm up session led by a fitness expert, followed by walking, jogging and running on the track . This was followed by a meditation session and a healthy breakfast .Around 30 participants, including WIMA members and family members, actively took part in the event.





Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon

Pain and Palliative Care Society

25.12.2024: Palliative Volunteers Meet

Palliative Volunteers Meet at Palliative Clinic, General Hospital, Thalassery.



Palliative Care Clinic December Reports

- 1.NUMBER OF NURSES HOME CARE CONDUCTED... 8 (ON ALLOW WEDNESDAYS AND SATU RDAY)
 - 2.NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED)...32
 3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 32
 - 4.NUMBER OF NURSES HOME CARE PATIENTS... 32
 5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 4 (ON ALL WEDNESDAY)
 6. NUMBER OF PATIENTS OP ATTENDED.....70
 7. NUMBER OF WOUND CARE PATIENTS.... 8
 8. NUMBER OF CATHETER CARE PATIENTS.... 9
 9. NUMBER OF DEATH CASE.. 9
 10. NUMBER OF MORPHINE PATIENTS.. 20
 11. NUMBER OF CANCER PATIENTS... 56
 - 12.NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 6
 13. NUMBER OF NEW CASE...12
 - 14..DOCTOR'S HOME CARE... 1
 - 15.DOCTOR VISITED HOME CARE PATIENTS..1
- December 1st to 31th 2024 reports

9) NATIONAL PROGRAMME

28.12.2024: National Conference

Dr.Babu Ravindran T N(Past National Vice President) ,Dr.Ramesh R(Past State President IMA) & Dr.Sasidharan K(State Secretary IMA) attended the IMA National Conference NATCON 2024 at Hyderabad.



